

Name, Christian name _____
 Address _____ D.o.B. _____

Pat.Nr (LABOR) _____

Marital Status _____
 Date _____

PATIENT CONSENT

I have read, understood and accept the declaration on page 2 (Stand 08/2018_V2)

I hereby give my consent to the examinations that have been requested, as well as to the preparation of a special report of these laboratory values (without additional costs) by Lab4more GmbH.
 The liquidation for these services will be based on the Gebührenordnung für Ärzte (GOÄ) plus a charge for materials and shipping costs in accordance with § 10 GOÄ.
 I have been informed that my health insurance provider may not completely cover the cost of all the tests requested and that I am liable for the payment of the entire cost of such tests.

Date: _____ Patient's Signature: _____

Patient signed in the practice Tel.No. Patient: _____

REQUESTS WITHOUT A SIGNATURE CANNOT BE PROCESSED

PRACTICE STAMP

INVOICE TO

Private patient (64)
 Not insured (50)

Alternatively to

Practice (70)

Diagnosis/Important Information

Additional Test requests

First Visit (181) **Collection date**

Control (182) Time

No Interpretation (183) Medication (184)

Sex

Male
 Female
 Other
 Pregnancy

Information for BMI

Height (cm) (171)
 Weight (kg) (172)
Inform für Waist to Hip-Ratio

Measurements

Waist (cm) (178)
 Hips (cm)(179)

Which medications/preparations are you taking at the moment or regularly?

MEDICATIONS

Antibiotics, which?

FOOD SUPPLEMENTS

Pre-/Probiotics, which?

PERSONAL INFORMATION

Please mark all relevant symptoms with the severity ① light/rarely ② middle/moderate ③ strong/regularly

LIFESTYLE / NUTRITIONAL HABITS

- ① ② ③ Sport
- ① ② ③ Smoking
- ① ② ③ Alcohol
- ① ② ③ Energy drinks
- ① ② ③ Coffee
- Mixed diet
- Nutritionally balanced diet
- Meat rich diet
- Low Carb diet
- Vegetarian diet
- Vegan diet
- other diet :

INTESTINAL DISORDERS

- ① ② ③ Constipation
- ① ② ③ Diarrhoea
- Stools/Day
- ① ② ③ Flatulence
- Bloating feeling after eating
- Colic
- Stomach ache
- Loss of appetite
- Haemorrhoids
- Irritable Bowel
- Chronic inflammatory intestinal disease
- which?

METABOLIC SYNDROME

- Over weight (Adiposity (BMI>30))
- Metabolic syndrome

CARDIOVASCULAR

- Hypertension
- Arteriosclerosis
- Heart attack, when?
- Stroke, when?

DIABETES

- Diabetes Type I
- Diabetes Type II

LIVER DISEASES

- Lipid metabolism disorder
- Fatty liver
- Hepatitis
- which Form?
- Liver fibrosis
- Liver cirrhosis

NEUROSTRESS

- ① ② ③ Stress
- ① ② ③ Burn-Out
- ① ② ③ Tiredness/Fatigue
- ① ② ③ CFS/Chronic Fatigue Syndrome
- ① ② ③ Fear/Panic attacks
- ① ② ③ Depression
- ① ② ③ Sleep disorders
- ① ② ③ ADS/ADHS
- ① ② ③ Cravings
- ① ② ③ Fibromyalgia
- ① ② ③ Headaches/Migraine

LOCOMOTORY SYSTEM

- ① ② ③ Arthritis
- ① ② ③ Arthrosis
- ① ② ③ Rheuma
- ① ② ③ Osteoporosis
- ① ② ③ other inflammatory disorder of the locomotory system
- which?

IMMUNE SYSTEM

- ① ② ③ Frequent infections
- ① ② ③ Chronic infections
- which?
- Wound healing disorders
- Autoimmune diseases
- which?
- Skin
- Neurodermitis
- Psoriasis
- Urticaria
- other skin diseases
- which?

ALLERGIES/INTOLERANCES

- ① ② ③ Food allergies (IgE) which?
- ① ② ③ Food Intolerances (IgG) which?
-
-
-
- Gluten intolerance
- Coeliac
- Histamine intolerance
- Asthma
- Fructose intolerance
- Lactose intolerance
- Inhalative Allergies/Rhinitis

TUMOR DISEASES

- Tumor diseases
- which?
- when?
- Treatment (currently or in the last 4 - 6 Wo.)
- yes no planned
- which Treatment?
-

OTHER DISORDERS

- THYROID**
- Hyperthyroidism
- Hypothyroidism
- KIDNEYS/BLADDER**
- Renal disorders
- which?
- ① ② ③ Incontinence
- OTHER DISORDERS**
-
-
-

MOL. BIOL. MICROBIOM ANALYSIS

<input type="checkbox"/> ST	Lab4gut basis/semiquantitative 6574
	Semiquantitative molecular biological base analysis of 11 key bacteria Akker. muciniphila, Faecalib. prausnitzii, Ruminoc. gnavus, Eub. rectale, Bacter. vulgatus, Prev. copri, Desulfov. piger, Bact. fragilis, Bifido. longum, Roseburia intestinalis, Methan. smithii unclear well-being disorders,
<input type="checkbox"/> SPZ (ST,NGS)	Lab4gut NGS NEW 6573
	Quantitative molecular bacterial analysis using Next Generation Sequencing: Relationship phyla, diversity, Enterotypes, ratio Bacteroidetes/Firmicutes, groups, SCFA formers, mucus degraders, LPS formers, pathogens etc. unclear well-being disorders, metabolic dysbalance, dyspeptic intestinal problems, risk determination
<input type="checkbox"/> SPZ (ST,NGS)	Lab4gut advanced NEW 6575
	Quantitative molecular bacterial analysis using Next Generation Sequencing: Lab4gut NGS + endotoxin index, zonulin α -1-antitrypsin unclear well-being disorders, inflammatory indicators
<input type="checkbox"/> SPZ (ST,NGS)	Lab4gut NGS complete NEW 6576
	Quantitative molecular bacterial analysis using Next Generation Sequencing: Lab4gut NGS + parasites (PCR), endotoxin index, α -1-antitrypsin, calprotectin, beta-defensin 2, zonulin, biliary acids, pancreatic elastase unexplained intestinal symptoms, Inflammation, digestive disorders
<input type="checkbox"/> SPZ (ST,NGS, 2.MU)	Lab4gut - Brain NEW 6577
	Quantitative molecular bacterial analysis using Next Generation Sequencing: Lab4gut NGS + Neurotransmitter I Intestinal & neurogenic disorders (fear, depressive moods)
<input type="checkbox"/> SPZ	Parasite Profile NEW 6533
	Blastocystis hominis, Dientamoeba fragilis, Entamoeba histolytica, Entamoeba dispar, Giardia lamblia, Cryptosporidium.
<input type="checkbox"/> ST	Mycological Intest. flora to NGS 12224
	Candida spp., Geotrichum candidum, Moulds (semi quantitative)

MICROBIOLOGICAL STOOL TESTS

<input type="checkbox"/> ST	Intestinal Ecogramm 4101
	Semi quantitative microbiological analysis of the key intestinal flora, fungi, Clostridia, Enterobacteriaceae, Lactobacilli, Bifidobacteria etc., Digestive disorders, intestinal cleansing

<input type="checkbox"/> ST	Digestive Disorders 2522
	Semiquantitative determination of digestive remains (starch, fat, protein)
<input type="checkbox"/> ST	Enteritis pathogens 10064
	Salmonella, Shigella, Yersinia, Campylobacter etc.
<input type="checkbox"/> ST	Helicobacter pylori Ag 10053
<input type="checkbox"/> ST	Clostridium difficile Toxin 10030
<input type="checkbox"/> ST	Viral Enteritis Agents 10035,10036,10038
	Rotavirus (EIA), Adenovirus (EIA) Norovirus (EIA)
<input type="checkbox"/> ST	Fungi 4697
	Cand. spp, moulds, yeasts, Candida albicans
<input type="checkbox"/> ST	Parasites/Worms (Direct testing) 10031
	Microscopy, Antigen determination Giardia lamblia, Entamoeba histolytica

MUCOSAL BARRIER / IMMUNITY

BACTERIAL METABOLISM	
<input type="checkbox"/> ST	Short chain fatty acids (SCFA) NEW 6620

DETOXIFICATION LPS	
<input type="checkbox"/> ST	Intest. alkaline phosphatase NEW 839
	Dysbiosis caused by LPS positive bacteria

MUCOSAL IMMUNITY	
<input type="checkbox"/> ST	Secretory IgA 1618
	Protective barrier against pathogens, inflammation, mucosal competence, Coeliac

INFLAMMATION

<input type="checkbox"/> ST	Calprotectin (Granulocyte protein) 2241
	Inflammation marker in chronic inflammatory intestinal diseases, invasive mucosal inflammation
<input type="checkbox"/> ST	α-1-Antitrypsin 10068
	First Line Marker for intestinal inflammatory activity and the related increased intestinal permeability
<input type="checkbox"/> ST	Beta-Defensin 2 3520
	Marker for chronic inflammatory bowel disease, local inflammation of the intestinal mucosa, Leaky Gut
<input type="checkbox"/> ST	EDN NEW 6688
	Inflammation in allergic diathesis (eosinophil activation)

PERMEABILITY

<input type="checkbox"/> ST	Zonulin 3510
	Regulator protein between blood stream & intestinal lumen
<input type="checkbox"/> ST	Leaky Gut 10068,3510
	α -1-Antitrypsin, Zonulin

MALDIGESTION

<input type="checkbox"/> ST	Pancreatic Elastase 10048
	Digestive enzyme of the pancreas, unclear diarrhoea, constipation, fatty stool, flatulence

<input type="checkbox"/> ST	Biliary Acids 3748
	Biliary acid deficiency in bacterial Overgrowth, Bile Loss Syndrome

FOOD INTOLERANCES

<input type="checkbox"/> STH	Histamine 3177
<input type="checkbox"/> ST	EDN 6688
	Inflammation in allergic diathesis (eosinophil activation)
<input type="checkbox"/> ST	Anti Gliadin sIgA NEW 6697
	Evidence of antibody reaction to gliadin in stool in coeliac disease
<input type="checkbox"/> ST	anti-Transglutaminase sIgA NEW 6698

PREVENTION

INTEST. CANCER EARLY DIAGNOSIS

<input type="checkbox"/> ST	Haemoglobin/Haptoglobin 4686
	sensitive marker for blood in stool
<input type="checkbox"/> ST	M2PK 4695

GUT ASSOCIATED BLOOD TESTS

These test can also be found on the main request form (Bogen1): To order these additional blood tests a separate request form is required!

PERMEABILITY DISORDERS

Profile Leaky Gut (Serum)
Anti F-Aktin IgA, LBP, Anti-GP2-AK
Marker for intestinal permeability disorder
I-FABP (intest. fatty acid binding protein)
Damage of the intestinal epithelia
Profile Bacterial Translocation/Leaky Gut
LBP, sCD14, TNF α , IL10, Endotoxin-Ab, F-Aktin-Ab IgA
LBP (LPS-binding Protein)
Mucosal dysfunction antigen -
Translocation through the intestinal mucosa
GP2-AK
Marker for mucosal inflammation in the small intestine
Anti-F-Aktin IgA (Activity marker)
Mucosa associated diseases, coeliac

FOOD ALLERGIES

Histamine
Diaminoxidase
Marker for Histamine intolerance
VictuAlis - VictuScreen IgG₃
IgG mediated reactions to foods in patients with chronic symptoms
VictuAlis - VictuScreen IgG₄
Coeliac (Serum)
Transglutaminase2, Gliadin-Ab, total IgA
NCGS (Non Coeliac Gluten Sensitivity)

SPZ = Request Special Testkit
STH = Request Special Histamine Testkit
ST = Stool tube
NGS = Special NGS Tube
2.MU = 1 Urine tube with 2nd morning urine (small white tube with stabilisator pellet)
* no GOÄ invoice

CONSENT TO COLLECTION/TRANSFER OF MY PATIENT DATA (Status 08/2018_V2)

I have been informed and agree that MVZ Labor Bavariahaus and its associated company Lab4more may collect, process and use personal data, in particular name, address, date of birth, treatment data, invoice amounts, payer information, diagnoses and findings from treatment in compliance with the EU Data Protection Act, the German Federal Data Protection Act, Section 203 of the German Criminal Code and Section 73 (1b) of the German Social Security Code for the purpose of fulfilling the contract.

For the purpose of special analyses, MVZ Labor Bavariahaus and its associated company Lab4more may transmit my patient data (first name and surname, date of birth, address, order number) and medical samples to affiliated and external laboratories, primarily the Medical Laboratories Düsseldorf, Nordstr. 44, 40477 Düsseldorf, Germany. In rare cases, laboratory requests are sent to other special laboratories for analysis. Frequently used special laboratories are: Labor München Zentrum, Bayerstr. 53, 80335 Munich; Practice Prof. Dr. med. Michael Kramer, Mönchhofstr. 52, 69120 Heidelberg.

Invoicing of the laboratory examinations performed is carried out by the respective service provider mentioned above. For the above-mentioned laboratories, dgpar GmbH, Eurogen-Langen-Str. 12, 50968 Cologne, Germany, is the commissioned invoicing office, which receives the data of the treatment essential for billing (first name, surname, date of birth, address, diagnosis, and results for the examinations), also insofar as these are "special types of personal data" within the meaning of Art. 9 Para. 1 of the EU Data Protection Act. In addition, existing invoices arising from my medical treatment can be passed on to the debt collection company Euroincasso GmbH, Bernauer Straße 21, 83209 Prien am Chiemsee (name, address, date of birth, performance figures, invoice amount, treatment documents, laboratory invoices and results, etc.). Should it be necessary to pass on findings and examinations of the present request to the debt collection company Euroincasso GmbH, I release my doctor/therapist from his medical confidentiality obligation in this respect. All employees of Euroincasso GmbH, but also of dgpar GmbH, are subject to the rules of data protection law and are obliged to maintain confidentiality under threat of prosecution in accordance with § 203 StGB (German Criminal Code). I am aware that I may revoke this declaration of release from the duty of confidentiality at any time with effect for the future. I have been advised that

- the collection, processing and use of my data is voluntary and that I can refuse my consent or revoke it at any time with effect for the future, with the consequence that the treatment agreement will not be concluded.
- in the event of a revocation, this should be sent in writing to MVZ Labor Bavariahaus, c/o Lab4more GmbH, Augustenstraße 10, 80333 Munich, Germany, or by e-mail to geschaeftsfuehrung@lab4more.de.
- I am entitled to demand information about my stored personal data at any time.
- I am entitled to demand the correction, deletion or blocking of individual data at any time.

I have read the information on data protection according to Art. 13 DSGVO on the website www.lab4more.de/datenschutz or I have requested it under info@lab4more.de or have printed it out. With my signature on this laboratory request I agree to the collection, processing and transfer of my data exclusively for the above-mentioned purposes.